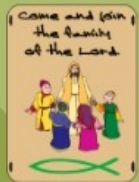


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Youth Center



A New Series
Living Above and Beyond



"Rest"

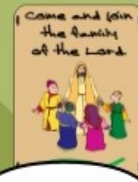
Oh look, Flipster A new study is here.

Yeah it's called "Living Above and Beyond" and it looks like a new series. Are you going to come Suki?

Yes, I think I will. I always want to have things going better in my life. It's interesting to see it has a picture of a lock and heart with the words saying "Rest".

Hey gang, I see that you noticed a new bible study series has started. This series comes from 2 Chronicles 14:1-7.

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Yeah Hairdo, what does it mean to have rest?

The only time I think about rest is when I go to bed, Hairdo. What do you think it's about Suki?

I think there's more to it than just resting in bed or even just relaxing. I believe it has something to do with having peace all together.

That's right. There is more to it than just resting in bed or just simply resting. It has to do with complete peace in your life. This is the same as having the full armor of God on. The thing is the word rest isn't in this scripture here, it's actually called quiet. 2 Chronicles 14:1 "So Abijah slept with his fathers, and they buried him in the city of David: and Asa his son reigned in his stead. In his days the land was quiet ten years."

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Jesus wants us to enter into that place of rest where we have peace all the time just like Asa did. Look at what Jesus tells us from Matthew 11:28 "Come unto me, all ye that labour and are heavy laden, and I will give you rest." The Lord knows we all have problems and would like a answer. All we have to do is go to him.

The lock with the heart to me represent if, we would just let him open up our heart and begin to trust him we will have that kind of peace. Proverbs 3:5-6 tells us "5) Trust in the LORD with all thine heart; and lean not unto thine own understanding. 6) In all thy ways acknowledge him, and he shall direct thy paths.

Oh wow, we really do need to let him into our hearts.

Yeah, we do. I am so glad it was more than just getting rest in bed.

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Kid's, always remember God's love was always intended for us to have rest in all areas of our life, and he does care about us. Lord help us to remember to let you into our hearts so, we can have that rest. I thank you for your word and the rest it allows us to have when we let you enter into our hearts. In Jesus Name. Amen.

Yes, thank you Lord for coming into my life and leading me to a path of rest and peace. In Jesus name. Amen.

Lord, Thank you for your rest and even the rest we need when we take a nap or go to bed. In Jesus name. Amen.

Lord, I am so glad you can give such rest. In Jesus name. Amen.